

First-team offense

Selected by *The Post's* high school sports staff

FRONT ROW, FROM LEFT:

RB Marcus Harris

Stone Bridge / 6-0, 180 / Sr.

Workhorse back was driving force in Bulldogs' offense, rushing for 2,045 yards and 31 touchdowns and averaging nearly seven yards per carry as his team advanced to the Virginia AAA Division 5 championship game. Has 27 career 100-yard games.

QB Kevin Hogan

Gonzaga / 6-4, 205 / Sr.

Completed 125 of 226 passes for 1,820 yards and 14 touchdowns and rushed for 399 yards and six touchdowns. Sparked the Eagles to a win over DeMatha for the first time since 2002, and led his team to the WCAC semifinals. Will play for Stanford.

K Michael Branthover

DeMatha / 5-9, 176 / Sr.

Repeat All-Met was a weapon, continually changing field position with long, high punts and by putting 59 of 69 kickoffs into the end zone for touchbacks. Also made 7 of 8 field goals, the longest a 49-yarder. Will play for Virginia Tech.

OL Lamonte Clark

Balloo / 6-4, 315 / Sr.

Imposing presence on both sides of the ball led the way for a running game that averaged more than nine yards per carry. Defensively, he made 63 tackles (26 for loss), forced five fumbles and had four sacks. Will play for Kansas State.

RB Crusoe Gongbay

Rockville / 6-0, 195 / Sr.

The area's leading rusher gained 2,140 yards and scored 33 touchdowns despite being the focal point of every opposing defense as the Rams advanced to the Maryland 2A West region playoffs. Ended his three-year career with 5,137 yards rushing and 71 touchdowns.

OL Terrell Stewart

Suitland / 6-3, 309 / Sr.

Rarely came off the field as the Rams usually ran his way, rushing for more than 2,300 yards and qualifying for the playoffs for the ninth consecutive season. Did not allow a sack. On defense, had 87 tackles (21 for loss), 10 sacks and 6 forced fumbles.

BACK ROW, FROM

QB Michael N

Player of the Ye

OL Alex Dem

Old Mill / 6-5, 2

Three-year var two-pronged r their running g and going 9-2 consecutive s

OL Cyrus Kou

DeMatha / 6-7

Dominant blo Stags often st not allow a sa game for the 1 considered an

TE Chris Cool

Class of 1999,

TE Eric Frohn

Colonial Forge

Averaged 22.5 touchdown th key blocker as AAA Common West Virginia.

WR Matt Zan

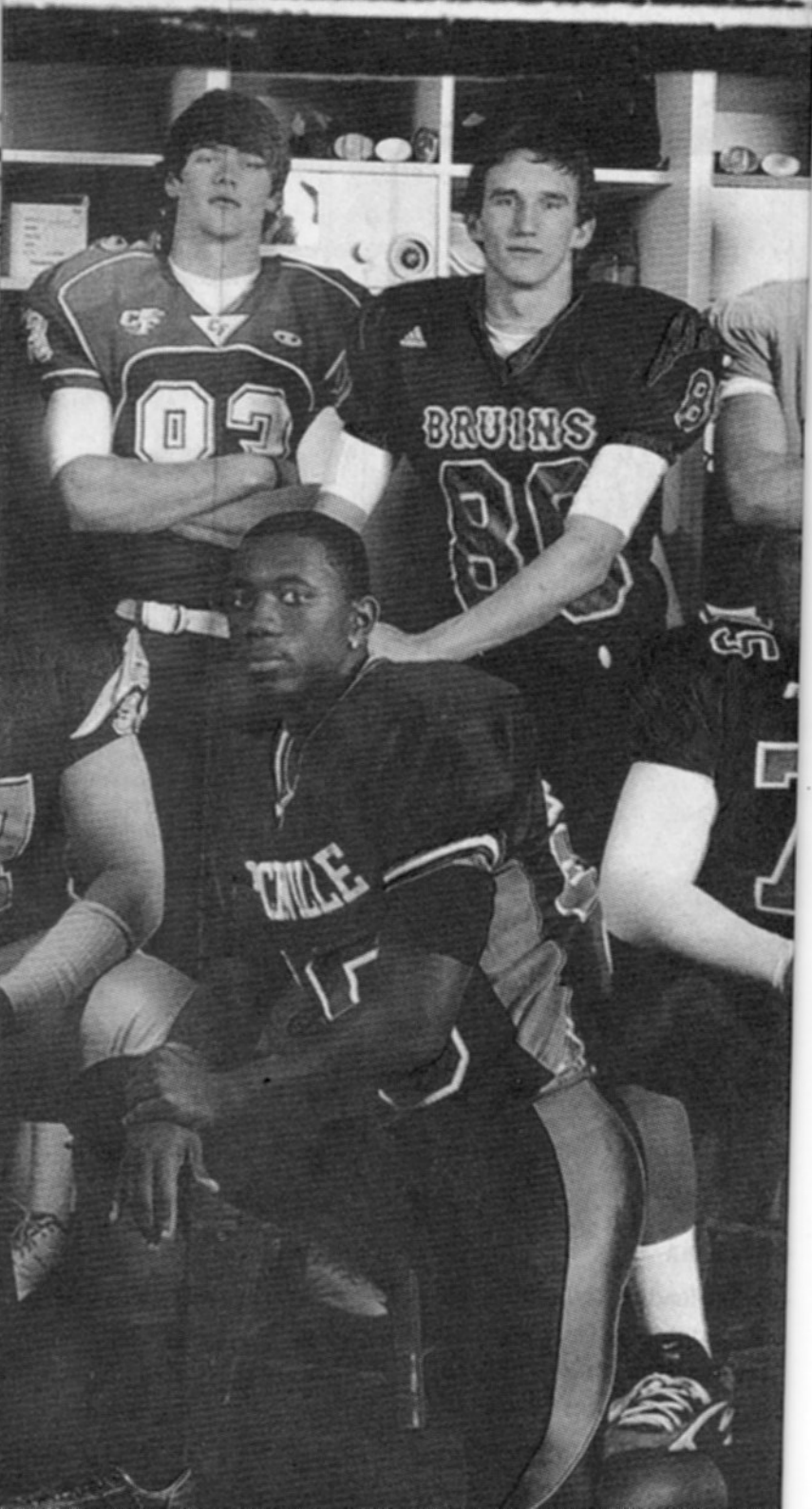
Lake Braddoc

Reliable targ receiver, catc touchdowns. with three tou Va. AAA Divisi

OL Joe Kopp

Arundel / 6-4,

Excelled in p (40.1 points p fourth consec Maryland 4A allowed just t



First-team defense

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FRONT ROW, FROM LEFT:

DB Zack Fetters

Gaithersburg / 6-3, 195 / Sr.

Tough to find a player who contributed more to his team's success. Intercepted 10 passes at free safety. At quarterback, threw for 2,106 yards and 28 touchdowns and rushed for 674 yards and 12 scores, as the Trojans reached the Md. 4A semis for first time in eight years.

DL Bernard Wolley

Seneca Valley / 5-11, 220 / Sr.

Perhaps the best defensive player in Montgomery County the past two seasons, the undersized nose tackle made 80 stops this season, including 14 for a loss and six sacks. Also was a dominant blocker on offense, helping Eddie Cunningham rush for 1,521 yards.

LB Alex Twine

Quince Orchard / 6-0, 210 / Sr.

After struggling to find a position, he came into his own this season, proving adept at covering the pass as well as stopping the run. Made 52 tackles (18 for a loss), forced four fumbles and intercepted three passes as the Cougars made the playoffs for the seventh straight year.

DL Ken Ekanem

Centreville / 6-3, 230 / Jr.

Rangy edge rusher led Wildcats' rejuvenation with 75 tackles (60 solo), 17 sacks, 10 tackles for loss, 2 forced fumbles and 18 quarterback pressures as the team won its first eight games and advanced to the Virginia AAA Northern Region Division 6 semifinals.

DL De'Jon Wilson

H.D. Woodson / 6-2, 230 / Sr.

Quick off the ball, he had a school-record 21 sacks, along with 33 tackles for loss and four defensive touchdowns. Made eight tackles, five for a loss, had three sacks and returned an interception for a touchdown in team's third straight Turkey Bowl win.

KR Dominique Terrell

Osborn / 5-10, 165 / Sr.

In addition to returning two punts for touchdowns, the Virginia AAA Northwest Region offensive player of the year rushed 275 times for 2,070 yards and 30 touchdowns and threw for 1,419 yards and 15 more scores as the Eagles reached the AAA Division 5 comic

BACK ROW, FROM

DB Ronny Vance

South County / 6-

One rival coach near line of scrimmage receivers in coverage. Intercepted three passes and blocked three

DL Jonathan A

Stone Bridge / 6-

In his first season career records in and had more than teams nearly every fourth consecutive

LB Brian Orakp

Class of 2004, L

P Connor Fraz

Damascus / 6-0-

Though his team inside the 20 yard he threw for 2,0 interceptions in and five touchd

LB Conner Cro

North Point / 6-1-

Repeat All-Met sacks, two interceptions. Eagles allowed the Maryland 4 fractured an art

LB Vincent Cro

Defensive Player

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high school fo earlier this mo

